

BHIP Participants

ASPIRA

Bridgeport Child Advocacy Coalition (BCAC)

Bridgeport Hospital

Center for Research & Public Policy

City of Bridgeport City Grants Department

City of Bridgeport Fair Housing

City of Bridgeport Health & Social Services

Fairfield University

Greater Bridgeport Adolescent Pregnancy Program (GBAPP)

Health Net

Optimus Health Care
(Bridgeport Community Health Center & Park City Primary Care Center)

RYASAP

Sacred Heart University

St. Vincent's Medical Center

Southwest Community Health Center

Southwestern Area Health Education Ctr

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Results of a Bridgeport Community Health Assessment



In late 2005 the Bridgeport Health Improvement Partnership, a group of public health providers and agencies conducted the first ever city-wide assessment of the health of Bridgeport residents.

Two surveys were conducted: a phone survey that got responses from 1204 residents, and an in-person survey of 320 residents given at health and human service agencies in Bridgeport. Here is what you told us....



**City of Bridgeport
Department of Health
and Social Services**

753 East Main Street
Bridgeport, CT 06606
Phone: (203) 576-8209

What you Told us

What is Being Done

What you can do

Comprehensive Health Coverage	1 in 5 residents were without health insurance at some time in the past year.	Local hospitals, community health centers and the Dept of Health and Social Services can aid residents in receiving government insurance (Medicaid, Medicare, HUSKY). For more information call 2-1-1 or for HUSKY 1(877) CT HUSKY.	Please contact your representatives about bills at both the state and federal level on insurance status and access to care including: *HB 7069 addresses dental reimbursement rates for children on HUSKY. *SB 1371 CT Saves Health Care Program *SB 1349 CT Select Choices program *SB 3 Expands eligibility for parents through HUSKY *HB 6158 Expands health coverage for children To find out who your local representatives are or to get their contact information please visit www.lwvct.org and click on "Find your legislators" or call 2-1-1.
	1 in 4 working poor residents were without health insurance in the past year.		
Health Concerns	Almost half of residents haven't seen a dentist in the past year.	Local community health centers, the University of Bridgeport Fones School of Dental Hygiene and the Dept of Health and Social Services offer dental care at reduced rates or on a sliding scale. Call 2-1-1 for more information.	
	Asthma: 1 in 8 have asthma, 1 in 4 have a family member with asthma.	The Bridgeport Asthma Council, formed in 2006, is reviewing data to determine needs, particularly related to home based assessment and prevention services for people living with asthma.	Call Fairfield County Environmental Justice Network for more information or education about asthma 362-1138 or (800) 517-2989.
	Depression: 1 in 10 residents have been depressed enough in the past year to be unable to perform their daily activities. Among the working poor this jumps to 3 out of every 10.	Local community health centers, school based health centers, and community agencies all offer mental health services.	To find your nearest mental health service provider call 2-1-1.
	Diabetes: Diabetes is a major health concern for 1 in 10 residents.	In 2006 the Mayor's Diabetes Initiative was launched and educated more than 300 residents on diabetes. Ongoing education efforts continue.	For more information on educational events about diabetes contact the Bpt Dept of Health and Social Services 576-8209.
Screening & Prevention	Smoking: 1 in 4 Bridgeport residents smoke, while only 1 of every 6 US residents smoke.	For more information or assistance in quitting smoking, call 1 (866) END HABIT (The CT DPH Smokers Quitline) or call 2-1-1 or visit the American Lung Association's website for online support at www.lungusa.com .	
	Heart attack: 1 in 7 residents recognizes the signs and symptoms of a heart attack.	For more information on the signs and symptoms of a heart attack please visit the American Heart Association's website (http://www.americanheart.org/presenter.jhtml?identifier=4595) or contact 2-1-1.	
	Lead: Only 1 in 3 Bridgeport households with children under 5 have had their homes tested for lead paint.	Bridgeport Dept of Health and Social Services Lead Poisoning Prevention Program and Bridgeport Lead Free Families offer lead screening of both homes and children, education and assistance in reducing risk of lead poisoning, and financial assistance for eligible properties undergoing lead remediation.	For more information contact either Audrey Gaines, Bridgeport Dept of Health and Social Services Lead Poisoning Prevention Program 576-8419 or Sabine Kuczo, Bridgeport Lead Free Families Program, 576-8220.
	Colon cancer: Only 1 in 2 people over 50 have been screened for colon cancer.	Additional information on the importance of screening for colon cancer can be found on the web at http://www.cdc.gov/cancer/colorectal/sfl/ .	For more information on available sites for colon cancer screening please call 2-1-1.
	Prostate Cancer: Only 3 in 5 people over 50 have been screened for prostate cancer.	Local hospitals have various screening programs.	For more information on available sites for prostate cancer screening please call 2-1-1.

For a more complete summary of results please visit the city website at <http://ci.bridgeport.ct.us/newdepts/health> or call the Bridgeport Dept of Health and Social Services at 576-8209.